LEAP OF FAITH
New café opens at Quality Inn

By Steve Black
The Chronicle-News

Opening a new restaurant is an uncertain & risky step, but that was precisely the goal of the new Quality Inn at 2025 E. South Main, which opened its doors Thursday. "We want to provide a new breakfast spot for the community, and we believe we can exceed expectations," said owner Dan Roberts, who also owns the nearby Quality Inn at the same location. "We're excited to bring something new to the area that people can enjoy." The café, called "The Breakfast Room," offers a variety of American comfort fare, including breakfast favorites like eggs, pancakes, and waffles. "We want to make sure we have something for everyone," Roberts added. "Whether you're a fan of breakfast or looking for a light lunch, we've got you covered." The café is open from 4 a.m. to 1 p.m., and breakfast is served until noon. "We want to make sure we're open early enough to accommodate those who need a quick bite before heading out," Roberts said. "And we're open late enough to satisfy those who are up late." The café features a bright and welcoming atmosphere with a large selection of coffee and tea options. "We want to create a comfortable space where people can come to enjoy a good meal or hang out with friends," Roberts added. "We're excited to see how our customers enjoy the new café."
DEAR ABBY

BOOKLET HELPS NERVOUS PARENTS TALK TO THEIR KIDS ABOUT SEX

By Alâhid Van Brown

DEAR ABBY: My daughter, who is 11, has just started to attract attention from boys, and I want to talk to her about sex. I've never dealt with this before and am nervous about how to approach the subject.

DEAR CONTENTED: The best way to handle this is to approach the subject with honesty and openness. You can start by explaining the basics of reproduction and the importance of safe sex. It's important to make sure your daughter understands that sex is a natural part of life and that it should be talked about.

DEAR ABBY: My daughter, who is 15, is going through a difficult time. She has been dealing with depression and anxiety, and I want to talk to her about managing stress.

DEAR ANXIETY: Here are some tips on how to manage stress:

1. Practice relaxation techniques such as deep breathing and meditation.
2. Exercise regularly to boost endorphins and reduce stress.
3. Get enough sleep to help your brain recover and recharge.
4. Eat a healthy diet to provide your brain with the nutrients it needs.
5. Seek support from friends and family, or consider seeking professional help if needed.

DEAR ABBY: My son, who is 7, has been acting out in school. I want to talk to him about the consequences of his behavior.

DEAR ANGRY: It's important to address the root cause of your son's behavior. You can start by discussing the consequences of his actions with him.

DEAR ABBY: My daughter, who is 9, has been talking to me about her friends having intercourse. I want to talk to her about the importance of waiting.

DEAR EXPECTANT: It's important to set boundaries and teach your daughter the importance of waiting. You can start by discussing the dangers of premature sexual activity and the importance of waiting until the right time.

DEAR ABBY: My son, who is 10, has been acting out in school. I want to talk to him about the consequences of his behavior.

DEAR ANGRY: It's important to address the root cause of your son's behavior. You can start by discussing the consequences of his actions with him.

DEAR ABBY: My daughter, who is 8, has been talking to me about her friends having intercourse. I want to talk to her about the importance of waiting.

DEAR EXPECTANT: It's important to set boundaries and teach your daughter the importance of waiting. You can start by discussing the dangers of premature sexual activity and the importance of waiting until the right time.

DEAR ABBY: My son, who is 11, has been acting out in school. I want to talk to him about the consequences of his behavior.

DEAR ANGRY: It's important to address the root cause of your son's behavior. You can start by discussing the consequences of his actions with him.

DEAR ABBY: My daughter, who is 10, has been talking to me about her friends having intercourse. I want to talk to her about the importance of waiting.

DEAR EXPECTANT: It's important to set boundaries and teach your daughter the importance of waiting. You can start by discussing the dangers of premature sexual activity and the importance of waiting until the right time.